

***2023 SAULT MIDDLE SCHOOL CROSS COUNTRY SCHEDULE**

**Schedule is subject to change*

- August 21 (MON) First day of practice at High School (meet by flag pole)--3:00-5:30 pm.
- August 28 (MON) Parents' meeting in the Strahl Theatre at the high school. 6:00-7:00 pm.
- August 30 (WED) East Jordan Invitational---Bus leaves at 11:00 am (scrimmage and only by invite).

*****DEADLINE TO PAY ACTIVITY FEE (\$60) is September 9th*****

- September 09 (SAT) at Newberry Invitational--Bus Leaves at 8:00 am. First race at 10:00am.
- September 11 (MON) SAC Jamboree #1 at Newberry---Bus leaves at 1:45. First race begins at 4:30 pm.
- September 22 (FRI) at Jackson Invitational (JV and MS only)---Charter leaves at 8:15 am.
- September 25 (MON) SAC Jamboree #2 at Sault High---First race begins at 4:30 pm. (Need volunteers!)
- September 30 (SAT) Elks Invitational at Sault High---First race begins at 1:00 pm. (Need volunteers!)
- October 03 (TUE) Gladstone Farmhouse Invite---Charter leaves at 10:30. First race begins at 4:00.
- October 09 (MON) SAC Finals at Rudyard---Bus leaves at 1:30. First race begins at 3:00 pm.
- October 14 (SAT) at Rudyard Invitational---Bus leaves at 8:30 am. First race at 10:00 am.
- October 16 (MON) MS "City Championship"--First race at 4:30 p.m.
(Turn in equipment--bring change of clothes)
- October 20 (FRI) MHSAA Regionals in Gladstone. Leave time and transportation TBA.
- October 24 (TUE) "Burger Bash" Fundraiser at the Elks--4:00-7:00 p.m.
- October 29 (SUN) Team Banquet at the Elks--1:00-4:00 p.m.

GIRLS RUN FIRST IN 2023

All buses leave from/return to HIGH SCHOOL

